

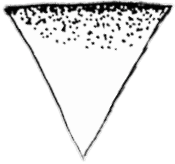
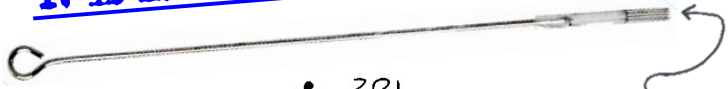
# LEARN about Hand-Poke Tattoos

with the Practice Kit™

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## NEEDLES

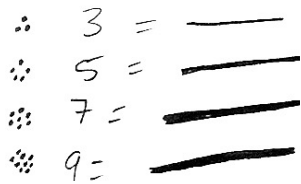


- 3RL
- 5RS
- 5MS

# is the number of points at the tip of the needle

RL = Round Liner - for lines, outline  
 RS = Round Shader - for shading  
 MS = Magnum Shader - for large areas of shading  
 F = Flat - for shading on geometric shapes

Round Liner # = thickness of line



SINGLE NEEDLE TECHNIQUE - the most delicate, fine, detailed designs are made with single needles (1RL)

## PRO-TIPS

- ◆ On practice skin, you don't have to worry about skin fatigue. On real skin, shading a dark tattoo will tear up the area and possibly cause scarring or infection. It's best to do some & let it heal. Go back later to completely fill it in.
- ◆ A curved magnum needle can be a gentler shader than a flat magnum. Think about that for future big tattoos.
- ◆ Be careful with single needle or sewing needle tattoos - too many pokes in a row may create a line cut through the skin.
- ◆ While hand-poking, apply a layer of Petroleum Jelly or aftercare product to protect the stencil & to prevent ink from getting everywhere. A thin layer will do.
- ◆ Experiment with mixing ink colors. You can add distilled water to lighten the ink for a watercolor effect.
- ◆ Use and practice with the same materials consistently - as different inks, needles & materials will have different effects.
- ◆ When tattooing: make sure to stretch the skin with your free hand as you poke. This will give you accurate lines and shapes.

8 new Instructional [videos!](#)



## STICK & WHAT?

Many tattoo artists specialize in "stick and poke" or "hand-poke" technique. This technique has roots in DIY tattooing - popular in punk culture (using a sewing needle). "Traditional" hand-poking derives from indigenous cultures and the practice is over 5000 years old. Throughout human history, tattoos have held significance for the artist & the wearer.

NOTE: "Hand-pokes" can take 3-10 times longer than machine ("gun") tattoos.



## STYLES & TYPES

Stick n' pokes can be small and simple > large and complex!



First timer with the single kit

## HOW TO



These instructions are for Practice skin only!

1. Practice using the stencil materials on the practice skin [stickandpocketattoo.com/how-to-use-stencil/](http://stickandpocketattoo.com/how-to-use-stencil/)
2. Shake and pour ink(s) into jar(s). Avoid touching the jar with the needle - that dulls the tips. Practice outlining with the round liners by dipping into inks and poking. Do one pass of dots on the line and go back to fill in & darken. Wipe ink (using wipes, red soap) to see your work & continue the tattoo. After awhile, your needle may become dull with tattooing.
3. Practice shading by using the shading needles. Start against the outline & move outwards. See what's possible on our photo gallery - or Instagram - many submitted by kit users.
4. Admire your work of art! Practice more. Check out our website for tips & products to help you poke safely. Get a starter kit here - [stickandpocketattoo.com/purchase](http://stickandpocketattoo.com/purchase)

★ ★ ★ ★ ★ PLEASE POKE SAFELY ★ ★ ★ ★ ★

Stick & Poke Tattoo Kits™ were developed for harm reduction in DIY tattoo communities. These contain the highest quality vegan-friendly professional tattoo industry materials. We utilize green business practices and pay contractors a living wage. Check out our many type of kits with tips, tricks, deals on our sites.

[stickandpocketattoo.com](http://stickandpocketattoo.com)



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